



355th Services Squadron



Davis-Monthan AFB, AZ.

SAM'S NOTES

A Supplement to the Desert Airman

Friday, Jan. 17, 2003

Services News

Youth Center Volunteers Needed

The Youth Center is seeking volunteers to coach, score keep, umpire, and be team parents. All volunteer coaches must be certified through the National Youth Sports Coaches Association (NYSCA). CPR, First Aid (Self-Aid Buddy Care is acceptable) and Blood Pathogen training are required. Training will be conducted at the Youth Center. BACKGROUND CLEARANCES are completed on all volunteers. Applications must be filled out and turned in to the Youth Center, Bldg. 6000.

For more information and training dates, call 228-8484.

Desert Inn Dining Facility

The next Deployed Family Meal is Jan. 21. Family members of deployed personnel are invited to come out every Tuesday from 3:30 to 6:30 p.m. and enjoy a scrumptious meal! Also, our Ethnic Meals are every Wed, from 11 a.m. to 1 p.m.

Jan. 22: Mexican Meal

Jan. 29: Southern Meal

Look out for our expanded Grab 'N Go program! We're setting up a new area next to the cashier with a larger selection of food for faster service. Also new, Karaoke Night on Wednesdays! For more information, call 228-5501.

Services Magazine Coupons

Look for valuable coupons in the January copy of the Services Activity Magazine available at all Services Facilities and many other locations around D-M. For more information call 228-7352.

Preteen/Teen Photography

The Youth Center will hold a Photography Class for preteens and teens on Jan. 23 at 6 p.m. in building 6000. The class is free for members.

Please bring your own camera and film. For more information stop by the center or call 228-8484.



Members First & ACC Dollar Days

The first "ACC Dollar Days" open house is set for Jan. 27, 6 p.m. at the Officers Club. Everyone is invited to come out and enjoy an evening of fun and food at the club.

During ACC Dollar Days events, members will be treated to \$1.00 breakfasts, lunches, and family nights quarterly!

Dollar Days is ACC's supplement to the Air Force level "Members First" program. With the "Members First" program, club members receive discounts on food purchases, and special functions, including holiday buffets and dinners, and on all pro-rated special functions.

Members even save 10 percent on all personal functions booked at the club including weddings and birthdays. There will also be a special program that will provide discounts of 15-30 percent at over 4000 hotels nationwide. All the more reasons to become a member!

For more information on the Members First program or ACC Dollar Days, stop by the club or call 228-3301.

Join us for the Members First ACC DOLLAR DAYS Kick-Off Open House at the club on Jan. 27 at 6 p.m. . Everyone is invited, member and eligible non-member! Enjoy complimentary hors d' oeuvres and discover the value of club membership.

It Pays To Be a Club Member!



Members First

ACC DOLLAR DAYS



Show It!

ACC Club Members Come First!

Check Out These Exclusive Events For ACC Club Members, Their Families, & Bonafide Guests

Quarterly Members-Only

✓ \$1 Breakfasts

✓ \$1 Lunches

✓ \$1 Family Nights

• • •

Attention Eligible Non-Members!

Find out what you're missing at the Club Open House

JANUARY 27, 2003
D-M OFFICERS CLUB

Visit your club for more information

17th Annual Best of the West

HOOP CLASSIC



17-20 JAN 2003

D-M Fitness and Sports Center Hosts 17th Annual "Best of the West" Hoop Classic

Watch military and civilian teams battle it out for first and second place Jan. 17-20. An All-Star team will also be chosen amongst the individual players in this yearly landmark basketball tournament sponsored by Wells Fargo. Come out to cheer on our D-M players and catch the high-paced action!

For more information on this year's tournament, contact Robert Gibson at the fitness center at 228-0022.



WELLS FARGO

DESERT OASIS ENLISTED CLUB IN JANUARY 2003

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cashier Hours: T-F: 11am-5pm Office Hours: T-F: 9am-4:30pm TOP 3 Lounge: Fri: Opens 3pm	Shock Wave Lounge: Mon: Closed Tues: 4-11pm Wed-Thurs 4-11:30pm Fri: 3-11:30pm Sat: Closed Sun: Closed (Open Superbowl Sunday)	Cabanas: Mon: 10:30am-9pm Tues-Thurs: 10:30am-9pm Fri: 10:30am-10pm Sat: 1-10pm Sun: 1-8pm	Eat at the O'Club Lunch Served: Mon-Fri 11am-1pm Dinner Served: Wed & Thurs 5:30-8pm	Barber Shop: Mon-Fri: 8am-5pm Sat: 8am-1pm 748-8710	CLUB CLOSED SUNDAYS Don't Forget Sunday Brunch at the O'Club 10am-2pm Cabanas Open 1-8pm 26 SUPERBOWL SUNDAY! Door Prizes! Halftime Buffet! Mbrs Free! Non Mbrs \$10 Time to be determined	
CLUB CLOSED MONDAYS Cabanas Open 10:30am-9pm Club & Cabanas Closed Martin Luther King's Birthday	Club Holiday Schedule CLOSED: 1-6 Jan 03 Cabanas Holiday Schedule CLOSED: 1-2 Jan Shock Wave Lounge 4-11:30pm Shock Wave Lounge Karaoke & M.U.G. Nitel! 8pm-Midnight Bring your own mug for \$1 refills! Your choice of Domestic Draft, Soda or Juice (up to 32 oz)	Ladies Night! 7-9pm Reduced Drinks for ladies! 2-4-1 Steak Special 5:30-8pm \$12.95 (members & guests only) Wrecking Crew DJ 7-11pm Shock Wave Lounge 4-11:30pm Taco Wednesdays! FREE tacos 5pm	Shock Wave Lounge 3-11:30pm TOP 3 Lounge Open at 3pm Social Hour 5-6pm Every Friday! Shock Wave Lounge Social Hour Food 5-6pm Karaoke 6-11pm	Club Closed Saturdays Cabanas Open 1-10pm Specials for our under 21 members! DM Members under 21 get all non-alcoholic beverages 1/2 price! Maintain your DM "Z" membership & get credit toward your 21st birthday party at the club! CLUB CREDIT AMOUNTS: 3 months = \$75 6 months = \$150 1 year or longer = \$300	Chris Sweeney Family Child Care's Outstanding Provider of the Quarter is Tangela Davis. Tangela was chosen for her commitment to education, quality of programs offered, and results of FCC inspections. Tangela is seated with (left to right), Samantha, Owen, Jacob, Grace and D'Andre.	

For current information on Services activities, check out our WEBPAGE at www.dmservicesonline.com

"Membership Pays"

Membership Pays is an exciting local program that gives members discounts at off base businesses, just for being a member of the club! Existing members can now go to over 30 participating businesses, show their club card, and receive discounts from that business!

For a list of businesses, visit us at www.dmservicesonline.com, or look for your copy of the Services Activities Magazine (SAM).

For more information call 228-5950.

FCC Provider of the Quarter



Chris Sweeney

Family Child Care's Outstanding Provider of the Quarter is Tangela Davis. Tangela was chosen for her commitment to education, quality of programs offered, and results of FCC inspections. Tangela is seated with (left to right), Samantha, Owen, Jacob, Grace and D'Andre.

STAY UP TO DATE SUBSCRIBE TODAY!



JOURNAL OF AEROSPACE AND DEFENSE INDUSTRY NEWS

MILITARY NEWS ~~AND~~ DEFENSE INDUSTRY NEWS ~~AND~~ SPACE NEWS ~~AND~~ CONTRACTS ~~AND~~ SOURCES SOUGHT
TECHNOLOGY ~~AND~~ BUSINESS ~~AND~~ EVENTS ~~AND~~ FEATURES ~~AND~~ HISTORICAL MILESTONES ~~AND~~ PEOPLE ~~AND~~ REFERENCE

Keep on top of the fast paced changes within the aerospace and defense industry with AEROTECH NEWS AND REVIEW, the weekly journal of aerospace and defense industry news. As a subscriber, you will receive our monthly regional Aerotech News (published the first Friday of each month) followed by the weekly Aerotech News and Review trade journal on each subsequent Friday.

Delivered to you by U.S. Mail each week, AEROTECH NEWS brings you important news of contract awards, sources sought, military and contractor news, space and technology, and features. All for only \$78 per year.

To subscribe, simply complete the form, attach your payment and mail to:

AEROTECH NEWS Subscriber Services
456 East Avenue K-4, Suite 8
Lancaster, CA 93535

or call (661) 945-5634 to subscribe by phone

YES! Start my subscription to AEROTECH NEWS today.
I have enclosed payment for:

☐ \$49 (6 mos.) ☐ \$78 (1 yr.)

Name _____ Phone _____

Address _____

Visa/MC# _____ Exp. date _____

Signature _____



D-M Officers' Club in January 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Club: 748-0660 Club Closes Mondays at 2pm Lunch: M-F 11am-1pm Dinner: Wed-Thurs 5:30-8pm Sunday: Brunch 10am-2pm	Barber Shop: 748-8968 M-F: 8am-5pm	Members receive up to a \$3 discount per person for dinner and up to \$2 discount per person for lunch! "It Pays to be a Member!"	Join us for lunch Mon-Fri 11am-1pm			
Sunday Brunch! \$14.95 Members receive a \$3 discount! 10am-2pm All of your favorite breakfast & lunch dishes! Kids 6-10, \$3 Kids 5 & under Eat FREE	Monday Lunch BBQ Buffet!	Tuesday Lunch Smorgasbord Buffet	Wednesday Lunch Country Buffet	Thursday Lunch Carved Roast Beef & Ham	Friday Lunch Fried Catfish Buffet	
26 Super Bowl Sunday! Door Prizes! Halftime Buffet! Cost: \$10 Members Free! (time to be determined)	Officers' Club Holiday Schedule CLOSED: 1-5 Jan	20 CLUB CLOSED MARTIN LUTHER KING'S BIRTHDAY	1 CLUB CLOSED	8 Prime Rib Buffet Dinner 5:30-8pm	15 No Evening Dining	22 No Evening Dining
		29 FAMILY NIGHT! \$8.95 (Mbrs \$1 discount) Kids \$3 Buy dinner, get up to 3 Free games of bowling (includes shoes) Valid only on the night of dinner purchase. Bowling Ctrs. Closes 9pm.	2-4-1 Steak Special 5:30-8pm \$12.95 (members & guests only)	Poly Bar Officers' Lounge Opens at 4pm Social Hour 5-6pm	Call Sherry at 228-3301 to book your special functions! By appt. only.	ARIZONA MILLS

For current information on Services activities, check out our **WEBPAGE** at www.dmservicesonline.com

Desert Oasis Hosts Super Bowl Party!



Start planning now to be a part of the big Super Bowl XXXVII

Party at the Desert Oasis Club, Jan. 26, from 3 to 9 p.m. Kickoff is approximately 4:25 p.m. MST at Qualcomm Stadium in San Diego.

The club will have great door prizes and a halftime buffet. They will also be selecting their local Football Frenzy "draft pick" from the Punch Or Punt Card entries already submitted. The "draft pick" will be D-M's entry for a chance to go to next year's Super Bowl XXXVIII.

The Super Bowl party is free to members. Non-members pay only \$10 for this huge Super Bowl event! For more information, call 228-3100.



Arizona Mills Trip

Take a trip with Information, Tickets & Travel to AZ. Mills Mall in Tempe on Feb. 8. The mall offers exceptional shopping and a wide selection of outlets, super-stores and value discounters.

Cost is only \$10 and includes transportation up and back. Open to the first 13 people. Call I.T.T. at 228-3700 for more information.

Cancer Treatment Research Foundation

Cancer Treatment Research Foundation & Walter Payton Cancer Fund

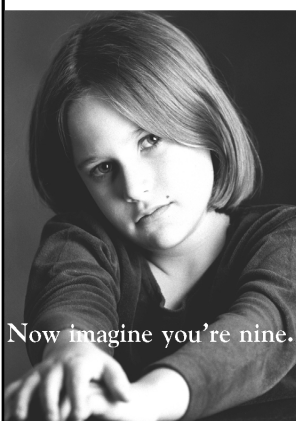
Commitment: Eradicate cancer by relentlessly providing the most innovative and promising patient-driven clinical research delivering immediate treatment options and a genuine hope for a cure.

99 cents of every dollar goes directly to CTRF cancer research

Cancer Treatment Research Foundation
 3150 Salt Creek Lane, Suite 118
 Arlington Heights, IL 60005

(888) 221-CTRF
www.ctrf.org
a CFC participant

Imagine facing blindness, kidney failure, or amputation.



Now imagine you're nine.

Kids like Samantha deserve more to look forward to than daily injections and incurable disease. Although insulin can help, it is not the cure. In fact, diabetes kills one American every three minutes.

At last, there's hope. Research funded by the Juvenile Diabetes Research Foundation is closer than ever to a cure. But we can't do it alone. To find out how you can help, please visit www.jdrf.org or call 1.800.533.CURE.



dedicated to finding a cure

1.800.533.CURE

The Original Father Flanagan's Boys' Home

Common Sense Parenting®

New Book Brings Help and Confidence to Parents of Toddlers

HELP • HEALING • HOPE

Confidence. Less conflict. Enjoyment.

That's what author Bridget Barnes believes parents who use the techniques and skills explained in the new book, *Common Sense Parenting of Toddlers and Preschoolers*, can gain. Those skills have been taught to parents of 2 to 5 year-olds in workshops offered by Girls and Boys Town since 1996 and are now available to any parent through the book just published by Boys Town Press.

When a parent realizes that "I can correct my child, he or she may get upset with me, but the child is still going to love me," the parent gains confidence, according to Barnes. The book shows parents how to stay calm, communicate clearly, set boundaries, have reasonable expectations, give consistent consequences, and teach a young child self-control and other skills.

Parenting toddlers can be a time of high conflict. Many couples are just finding out that they have very different parenting styles — one may see the other as either too lenient or too strict, says Barnes. It may not be an exaggeration, she adds, to say that agreeing to use *Common Sense Parenting®* techniques "saves marriages. It can lead to a lot less strife."

Parents, according to Barnes, list many of the same problems with their toddlers — acting up at bedtime and meals, throwing temper tantrums, refusing to take "no" for an answer, etc. In dealing with these issues, however, parents also make common mistakes — treating children like "little adults," giving kids choices they're not equipped to make, and setting expectations too high.

Young children, she says, need lots of reminders, assistance, modeling, and patience. The book provides step-by-step information on how to do these things. Also included are answers to dozens of questions frequently asked by parents of toddlers.

Barnes is the mother of two and stepmother of four children and has been a Common Sense Parenting trainer for 13 years.

Common Sense Parenting of Toddlers and Preschoolers is available from the Boys Town Press, 14100 Crawford St., Boys Town, NE 68010, 1-800-282-6657, www.girlsandboystown.org/btpres

Boys Town Press is the publishing division of Girls and Boys Town, the original Father Flanagan's Boys' Home.

For more tips on parenting, visit our Web site: www.parenting.org or call the Girls and Boys Town National Hotline, 1-800-448-3000.

A CFC participant

25¢ SOFT DRINKS
W/MILITARY ID!
FREE REFILLS!

WE DELIVER!*
*Base delivery to main gate only 11am-2pm M-F.

GOURMET WRAPS

Wide Selection of Wraps & Burritos!

CHOOSE FROM:
 GOURMET • FAJITA • SPECIALTY • MINI
 BREAKFAST WRAPS AVAIL. FROM 8AM-10:30AM
 WRAPPY HOUR!
 M-F 3-5 FREE DRINK W/ANY REG. WRAP PURCHASE.
 We also have
 Traditional New York Burritos & Flavored Tortillas!

Patio Dining Available!
 Hours: M-S 8am-9pm, Sun. 11am-7:30pm

2340 N. Swan, Tucson, AZ
(520) 319-1494

Attention Active Duty Military!

Earn Your Bachelor or MBA in Business Administration ONLINE at NO TUITION COST TO YOU!



TOURO UNIVERSITY INTERNATIONAL
www.tourou.edu

5665 Plaza Dr., Third Floor
 Cypress, CA 90630
 714-226-9840 • 714-226-9844 Fax

College of Business Administration
 e-mail: infocba@tourou.edu

Earn your Bachelor or MBA in Business Administration at NO TUITION COST TO YOU for up to 28 credits per year!

Earn your credits around TDY's and Deployments

Special MBA in Military Management for Graduates of ACSC, CGSC, CNCS, or MCCSC. Earn this degree with credits from your Command and Staff College plus 28 TUI credits. NO TUITION COST for active duty military.

- Flexible and affordable programs that meet your schedule needs
- Fully Accredited Programs (BSBA, MBA, Ph.D.)
- SOC Membership
- All courses ONLINE!
- Special rates for military spouses
- DANTES Affiliated

Now accepting applications for the next term